

In the Claims:

Please cancel claims 1-34 and substitute claims 35-71 therefor:

35. (New) A container, comprising:
 a first container portion;
 a second container portion joined to the first container portion to define a sealed cavity therebetween;
 a coolant disposed within the cavity; and
 pressure relief apparatus operable to vent a pressure increase in the sealed cavity to ambient surroundings wherein one of the container portions is movable relative to the other of the container portions in response to the pressure increase to create a passage to vent the pressure increase.

36. (New) The container of claim 35, wherein the pressure relief apparatus comprises a joined section that joins the first and second container portions and movement of the first container portion relative to the second container portion ruptures the joined section and creates the passage.

37. (New) The container of claim 36, wherein the joined section includes a first connection region that ruptures at a first pressure and a second connection region that ruptures at a second pressure greater than the first pressure.

38. (New) The container of claim 36, wherein the joined section ruptures in response to an elevated temperature in the sealed cavity to limit pressure in the cavity.

39. (New) The container of claim 38, wherein the elevated temperature comprises a first elevated temperature and wherein the joined section includes a first connection region that ruptures at the first elevated temperature and the joined section further includes a second connection region that is rupturable at a second elevated temperature greater than the first elevated temperature.

40. (New) The container of claim 35, wherein the coolant comprises a cross-linked gel.

41. (New) The container of claim 40, wherein the gel includes carboxymethylcellulose.

42. (New) The container of claim 41, wherein the gel includes a preservative.

43. (New) The container of claim 35, wherein the container is exposed to room temperature and wherein the container is capable of maintaining items placed therein within a range of temperatures below room temperature for a period of time.

44. (New) The container of claim 43, wherein the range of temperatures is about 10°C to about 15.5°C and wherein the period of time is about 4 to about 6 hours.

45. (New) A container, comprising:
a first container portion;
a second container portion joined to the first container portion to define a sealed cavity therebetween;
a coolant disposed within the cavity; and
pressure relief apparatus operable to vent a pressure increase in the sealed cavity to ambient surroundings comprising a joined section that joins the first and second container portions and wherein the joined section ruptures in response to the pressure increase in the sealed cavity to limit pressure in the cavity.

46. (New) The container of claim 45, wherein the joined section includes a first connection region that ruptures at a first pressure and a second connection region that ruptures at a second pressure greater than the first pressure.

47. (New) The container of claim 45, wherein the joined section ruptures in response to an elevated temperature in the sealed cavity to limit pressure in the cavity.

48. (New) The container of claim 47, wherein the elevated temperature comprises a first elevated temperature and wherein the joined section includes a first connection region that ruptures at the first elevated temperature and the joined section further includes a second connection region that is rupturable at a second elevated temperature greater than the first elevated temperature.

49. (New) The container of claim 45, wherein the coolant comprises a cross-linked gel.

50. (New) The container of claim 49, wherein the gel includes carboxymethylcellulose.

51. (New) The container of claim 49, wherein the gel includes a preservative.

52. (New) The container of claim 45, wherein the container is exposed to room temperature and wherein the container is capable of maintaining items placed therein within a range of temperatures below room temperature for a period of time.

53. (New) The container of claim 52, wherein the range of temperatures is about 10°C to about 15.5°C and wherein the period of time is about 4 to about 6 hours.

54. (Re-presented-formerly claim # 7) A container, comprising:
a first container portion;
a second container portion joined to the first container portion to define a sealed cavity therebetween;
a coolant disposed within the cavity; and
a joined section that joins the first and second container portions wherein the joined section ruptures in response to an elevated pressure in the sealed cavity to limit pressure in

the cavity, the joined section including a first connection region that ruptures at a first pressure and a second connection region that is rupturable at a second pressure greater than the first pressure.

55. (New) The container of claim 54, wherein the joined section ruptures in response to an elevated temperature to limit pressure within the cavity.

56. (New) The container of claim 55, wherein the rupture results from mechanical stress caused by the elevated temperature.

57. (New) The container of claim 56, wherein the mechanical stress includes cracking of the joined section.

58. (New) The container of claim 55, wherein rupture results from melting of the joined section caused by the elevated temperature.

59. (New) The container of claim 54, wherein the coolant comprises a cross-linked gel.

60. (New) The container of claim 59, wherein the gel includes carboxymethylcellulose.

61. (New) A container, comprising:
a first container portion;
a second container portion joined to the first container portion to define a sealed cavity therebetween;
a coolant disposed within the cavity; and
pressure relief apparatus operable to vent a pressure increase in the sealed cavity to ambient surroundings comprising at least one of the container portions having a frangible region that ruptures in response to the pressure increase.

62. (New) The container of claim 61, wherein the frangible region comprises a thinned wall portion.

63. (New) The container of claim 61, wherein the coolant comprises a cross-linked gel.

64. (New) The container of claim 63, wherein the gel includes carboxymethylcellulose.

65. (New) A container, comprising:
a first container portion;
a second container portion joined to the first container portion to define a sealed cavity therebetween;
a coolant disposed within the cavity; and
pressure relief apparatus operable to vent a pressure increase in the sealed cavity to ambient surroundings wherein the pressure relief apparatus comprises only an opening in at least one of the container portions.

66. (New) The container of claim 65, wherein the coolant comprises a cross-linked gel.

67. (New) The container of claim 66, wherein the gel includes carboxymethylcellulose.

68. (New) A container, comprising:
a first container portion;
a second container portion joined to the first container portion to define a sealed cavity therebetween;
a coolant disposed within the cavity; and
a joined section that joins the first and second container portions wherein the

joined section is operable to limit pressure within the cavity;

the first container portion further comprising a first wall having a base portion and a first rim and wherein the second container portion comprises a second wall having a second rim and wherein the second rim is joined to the first rim; and

the second wall further comprising a first raised portion joined to the base portion that is rupturable in response to a first elevated pressure and a second raised portion joined to the base portion that is rupturable at a second elevated pressure greater than the first elevated pressure.

69. (New) The container of claim 68, wherein the coolant comprises a carboxymethylcellulose cross-linked gel.

70. (New) A container, comprising:

- a first container portion having a first wall, a base portion and a first rim;
- a second container portion having a second wall and a second rim wherein the second rim is joined to the first rim, thereby defining a cavity between the container portions;
- a coolant disposed within the cavity;
- a first raised portion integral with the second wall wherein the first raised portion joins the second wall to the base portion and is rupturable in response to a first elevated pressure; and
- a second raised portion integral with the second wall wherein the second raised portion joins the second wall to the base portion and is rupturable at a second elevated pressure greater than the first elevated pressure.

71. (New) The container of claim 70, wherein the coolant comprises a carboxymethylcellulose cross-linked gel.